

Little Learners Nursery Summer Menu Week One

	Breakfast	Morning Snack	Lunch	Afternoon Snack	Tea	Evening Snack
	7am-9am	10am-10:30am	11:30am-12pm	2pm	3:30pm	5-5:30pm
Monday	Multi grain hoops Porridge oats Weetabix Muesli Cornflakes Bran flakes Whole meal toast	Apricots Milk & Water	CHEF made: Pork sausage, mash potatoes and baked beans. Vegetarian option: Quorn sausages, mash potatoes and baked beans Ice cream and berries	Kiwi Milk & Water	Chef made: Vegetable risotto Fruit cocktail	Tortilla chips with salsa dip Milk & Water
Tuesday	Selection of cereals & wholemeal toast (see above)	Cucumber sticks Milk and Water	CHEF made: Spaghetti Meatballs and garlic bread Quorn spaghetti meatballs and garlic bread. CHEF made: Carrot cake	Grapes Milk & Water	Child prepared: Bagels with cream cheese ham and chicken Chef made: Banana loaf cake	Poppadum's & Mango chutney Milk & Water
Wednesday	Selection of cereals & wholemeal toast (see above)	Satsuma's Milk & Water	Jacket potatoes with cheese, baked beans, tuna and sweetcorn Orange jelly	Pineapple Milk & Water	Chef made: quiche and mixed salad Peaches and yogurt	Dutch crispbread with soft cheese Milk & Water
Thursday	Selection of cereals & wholemeal toast (see above)	Carrot sticks Milk & Water	CHEF made: Chicken korma with rice and naan bread Quorn chicken pieces with rice and naan bread Watermelon	Apple chunks Milk & Water	CHILD prepared: Pizza's with a range of toppings. Yoghurt	Rice cakes Milk & Water
Friday	Selection of cereals & wholemeal toast (see above)	Pepper sticks with sour cream and chive dip Milk & Water	CHEF made: Tuna and sweetcorn pasta with mixed salad Banana	Pear slices Milk & Water	Chef made: Burgers, Rolls and salad. Hard boiled egg substitute. Chef made: Gingerbread men	Breadsticks & houmous Milk & Water

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Monday	Multi grain hoops Porridge oats Weetabix Muesli Cornflakes Bran flakes Whole meal toast	Blueberries Milk & Water	Fish cakes, sweet potato and carrots Ice cream	Celery sticks with guacamole dip Milk & Water	Scrambled egg on toast Cheese on toast (substitute) Watermelon	Prawn crackers & mango chutney Milk & Water
Tuesday	Selection of cereals & wholemeal toast (see above)	Mixed berries Milk & Water	CHEF made: Mexican Chicken Fajita's Pineapple	Carrot sticks and houmous Milk & Water	CHEF made: Tuna and vegetables rice salad Chef made: Fruit flan	CHILD prepared: Scones Milk & Water
Wednesday	Selection of cereals & wholemeal toast (see above)	Cantaloupe Melon Milk & Water	CHEF made: Chickpea and spinach curry with rice and naan bread Fromage Frais	Celery sticks with sour cream and chive Milk & Water	Child made: pizza with a different range of toppings Chef made: jam and lemon tartlets	Cheese twists Milk and Water
Thursday	Selection of cereals & wholemeal toast (see above)	Pepper Milk & Water	CHEF made: Chicken and mushrooms pie with mash and mixed veg Quorn and mushrooms pie with mixed salad: Strawberry jelly	Satsumas Milk & Water	CHEF made: Salmon and sweetcorn pasta salad Grapes	Oatcakes Milk and Water
Friday	Selection of cereals & wholemeal toast (see above)	Honeydew melon Milk & Water	CHEF made: sweet and sour chicken with rice & mixed peppers Carrot cake	Banana Milk & Water	Wraps with cheese, ham and chicken Pineapple	Pear slices Milk and Water

Nursery Summer Menu Week Three

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	7am-9am	10am-10:30am	11:30am-12pm	2pm	3:30pm	5/5:30pm
Monday	Multi grain hoops Porridge oats Weetabix Muesli Cornflakes Bran flakes Whole meal toast	Raisins Milk & Water	CHEF made: Cauliflower, cheese and broccoli pasta bake with cherry tomatoes Banana	Carrot sticks Milk & Water	Chef made: vegetable and chickpeas cous cous salad Fruit cocktail	Fruit loaf Milk and water
Tuesday	Selection of cereals & wholemeal toast (see above)	Vegetable spring rolls Milk & Water	CHEF made: Chilli con carne, rice broccoli and garlic bread. Quorn chilli, rice, broccoli and garlic bread. Fruit cocktail & Ice cream	Grapes Milk & Water	Crumpets and cheese Bananas	Apricots Milk and water
Wednesday	Selection of cereals & wholemeal toast (see above)	Tomatoes Milk & Water	CHEF made: Vegetable quiche with side mixed salad Peaches and cream	Pineapple Milk & Water	Child Made: Pizza's with a range of toppings Yogurt and pineapple	Cheese twists Milk & Water
Thursday	Selection of cereals & wholemeal toast (see above)	Cheese cubes Milk & Water	CHEF made: Roast chicken, roast potatoes and green beans. Quorn chicken, roast potatoes and green beans Pears	Mixed peppers Milk & Water	Chef made: Pasta with tomatoes, mozzarella cheese and basil Honeydew melon	Oatcakes Milk & Water
Friday	Selection of cereals & wholemeal toast (see above)	Banana Milk & Water	CHEF made: Chickpea and vegetables curry with rice Fromage frais	Blueberries Milk & Water	Chef made: Spanish frittata with cherry tomatoes and cucumber slices Watermelon	Dutch Crispbread With cheese spread Milk & Water

Nursery Summer Menu Week Four

	Breakfast	Morning Snack	Lunch	Afternoon Snack	Tea	Evening Snack
	8am-9am	10am-10:30am	11:30am-12pm	2pm	3:30pm	5-5:30pm
Monday	Multi grain hoops Porridge oats Weetabix Muesli Cornflakes Bran flakes Whole meal toast	Satsumas Milk & Water	Chicken nuggets with roast potatoes and green beans Quorn nuggets with roast potatoes and cucumber slices Yogurt	Cucumber sticks Milk & Water	Pitta bread, carrot sticks and houmous Watermelon	Oat cakes Water and milk
Tuesday	Selection of cereals & wholemeal toast (see above)	Celery and houmous Milk & Water	Chef made: spinach and cheese lasagne with garlic bread Chef made: Upside-down pineapple cake with ice cream	Apples Milk & Water	CHEF made: special Egg Fried rice Fruit salad	Breadsticks Milk and Water
Wednesday	Selection of cereals & wholemeal toast (see above)	Mixed berries Milk & Water	CHEF made: Chicken korma with rice and naan bread Quorn korma with rice and naan bread Raspberry jelly and fruit cocktail	Melon cubes Milk & Water	Chef made: tuna, peas and sweetcorn pasta salad Grapes	Crisp bread with soft cheese Milk and Water
Thursday	Selection of cereals & wholemeal toast (see above)	Cherry tomatoes Milk & Water	CHEF made: Moroccan lamb with vegetables cous cous Vegetables cous cous Peaches and cream	Orange slices Milk & Water	Croissants with a range of fillings: ham, cheese, jam blueberries	cheese twists Milk & Water
Friday	Selection of cereals & wholemeal toast (see above)	Banana Milk & Water	Gammon with new potatoes and runner beans Quorn with new potatoes and runner beans Fromage frais	Watermelon Milk & Water	Chef made rice and vegetables salad Yogurt and pineapple	Rice cakes Milk and water